



Adult Children of
Alcoholics & Disfunctional
Family Presents...



READY SET GO

1-DAY PROGRAM

SATURDAY, MAY 5, 2018
9am - 4:30pm

Global Arts Gallery
702 York Street
Manitowoc, WI 54220

Lunch Available for \$5

Or feel free to bring your own bag lunch.

RSVP by 4/30/18: kaemthomas@gmail.com

Packets
available at
door for \$10

FREE download – Print your own packet:
[http://westgreatlakesaca.org/wp-content/
uploads/Ready_Set_GO_Best_Practices-2.pdf](http://westgreatlakesaca.org/wp-content/uploads/Ready_Set_GO_Best_Practices-2.pdf)

- 8:45-9am — Open your mind
 - 9-9:30am — Step 1
 - 9:30-10:30am — Step 2 & 3
 - 10:30-11:30am — Step 4 & 5
 - noon-12:30pm — Lunch*
 - 12:30-1:30pm — Steps 6 & 7
 - 1:30-3pm — Steps 8, 9 & 10
 - 3pm-3:30pm — Steps 11 & 12
 - Loving Parent — Inner Child Workshop
- Explore and Learn* **ACA 12 steps in 1 day**

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